



Midwest Spine & Brain Institute Controlled Substances Prescribing Policy

Overview

Midwest Spine and Brain Institute (MSBI's) goals are to ensure safe prescribing while being mindful of safer and more effective ways in which to handle pre-op and post-op prescribing of controlled substances for our patients. MSBI remains an active participant of the Opioid Prescribing Improvement Program (OPIP) in partnership with DHS and Stratis Health to continuously monitor and improve prescribing practices in an ongoing manner.

Patient's Already on Opioids:

- MSBI will not take over existing prescriptions for patients who are already on controlled substances. Patients will need to work with their current prescribing provider to taper off of controlled substances prior to surgery.

Post-Operative Patients:

- MSBI Providers and the Nursing Care Team work collaboratively together to taper all controlled substances post-surgery.
- If a change in controlled substances is necessitated during the post-op period, a telehealth, telephone, or in-person visit is required with the Surgical Advanced Practice Provider (APP) or Physician.
- Any patient experiencing uncontrolled pain may need to go to the Emergency Department if needed.
- MSBI will not prescribe controlled substances for greater than 7 days at a time for adults or 5 days for patients under age 18.
- Patients who are recovering in Skilled Living Facilities or Transitional Care Units will have medications managed in those facilities.
- Patients who require controlled substances beyond this period will need to transition to a pain clinic or their primary care provider for any ongoing pain medication needs.

Non-Surgical Patients:

- MSBI will not prescribe controlled substances for patients who are non-surgical.

Refill Requests:

- MSBI does not accept refill requests from the pharmacy. Please call your Care Team 2-3 business days before you run out of pain medication.

Thank you for choosing Midwest Spine & Brain Institute